

Overcoming Lust

Scripture: 1 Corinthians 6:12–20

Introduction: Sex isn't evil—it was created by God for good—but it has never been so abused and misused. Our culture is engulfed with sinful, sensual, and sexual images, and we fight a constant inner battle to remain pure. God addresses this in this passage, stressing these things about our human bodies:

1. **We Are Bought With a Price.** See 1 Peter 1:18–19. When we come to Christ, we have a new Master and a new freedom. But we must ask ourselves this about our activities: Is it beneficial? Is it overpowering? The question isn't "Is it my right?" but, "Is it His Will?" (Hebrews 10:5–7; Matthew 26:39).
2. **We Are Members of Christ.** Our bodies are not made for sexual immorality, which is damaging both spiritually and physically, but for the Lord.
3. **We Are Temples of the Holy Spirit.** God's presence in the body gives us holiness (Ephesians 4:30), power (Romans 8:9–11), and redemption (Romans 8:22–24).

Conclusion: The challenge: To offer our bodies as living sacrifices (Romans 12:1–2).